

pers**o**ns
supp**o**rt
empower**m**ent

Strategic Plan 2022





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Presentation

For an entity like Som - Fundació it is important to be able to reflect on our future.

With the adaptation of the current legislation to the "International Convention about Rights of the Persons with Disability", we will give up being "guardians" of the persons we attend to assume that people with intellectual disability to whom we support, have their own juridical capacity as the rest of the people in all the spheres of their lives.

The new paradigm will make us be aware of the task we are doing and that the supports we give are the most suitable for their decision-making, respecting always their will, their preferences and their wishes, in order to improve their autonomy and independence. This is the challenge of our new Strategic Plan, to favour the social inclusion of the persons with intellectual disability and empower them with a process of cognitive accessibility.

Therefore, it is essential that the innovation must be one of the basic axis to which we all must adapt in order to respect the rights and duties of the persons whom we support.

Jordi Costa
President of Som - Fundació



Mission

The mission of Som - Fundació is to ensure that the people with intellectual or developmental disabilities have the necessary help and support so that they can develop their personal projects along their lives

Vision

Som - Fundació tries to be a consolidated and referent institution that, from a deep commitment with our society and the persons with intellectual or developmental disabilities, works for their full integration, the exercise of their rights and improve their quality of life

Values

COMMITMENT AND SOCIAL RESPONSIBILITY

TRANSPARENCY

INDEPENDENCE

CONFIDENCE

Activity



INFORMATION AND ADVICE

Our task consists of informing and orientating persons who have a relative with intellectual disability, or professionals of other entities, about the process of judicial modification of the capacity



PLAN OF FUTURE

We want to promote the mutual knowledge among the relatives and legal guardians of the person with intellectual disability and the entity, as well as to offer them the security and confidence in their future



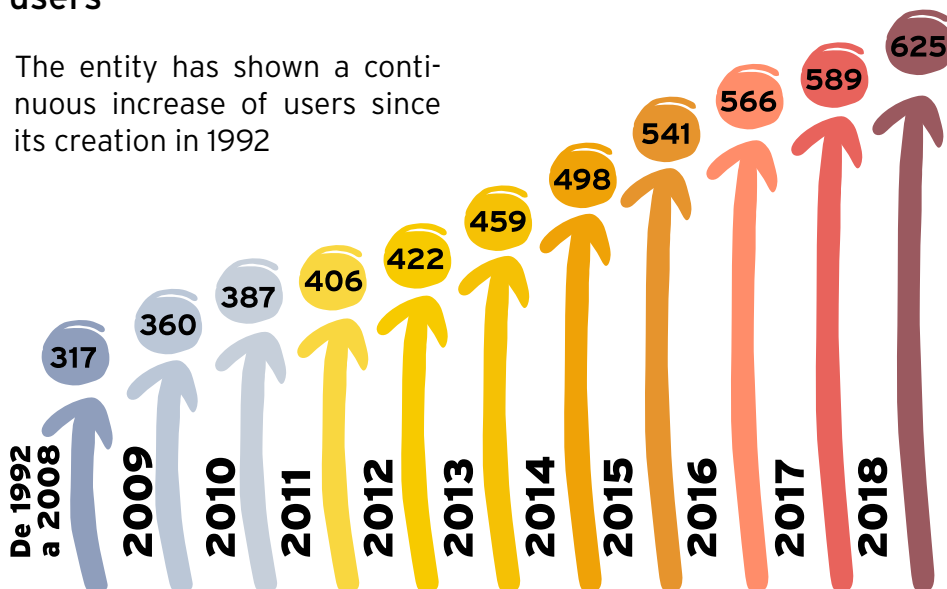
SUPPORTS

This service judicially commissioned tries to ensure the well-being of the persons with intellectual disability, and offer the required supports and accompany them in the decision-making, for their integral development and their social inclusion

Data of the activity

users

The entity has shown a continuous increase of users since its creation in 1992



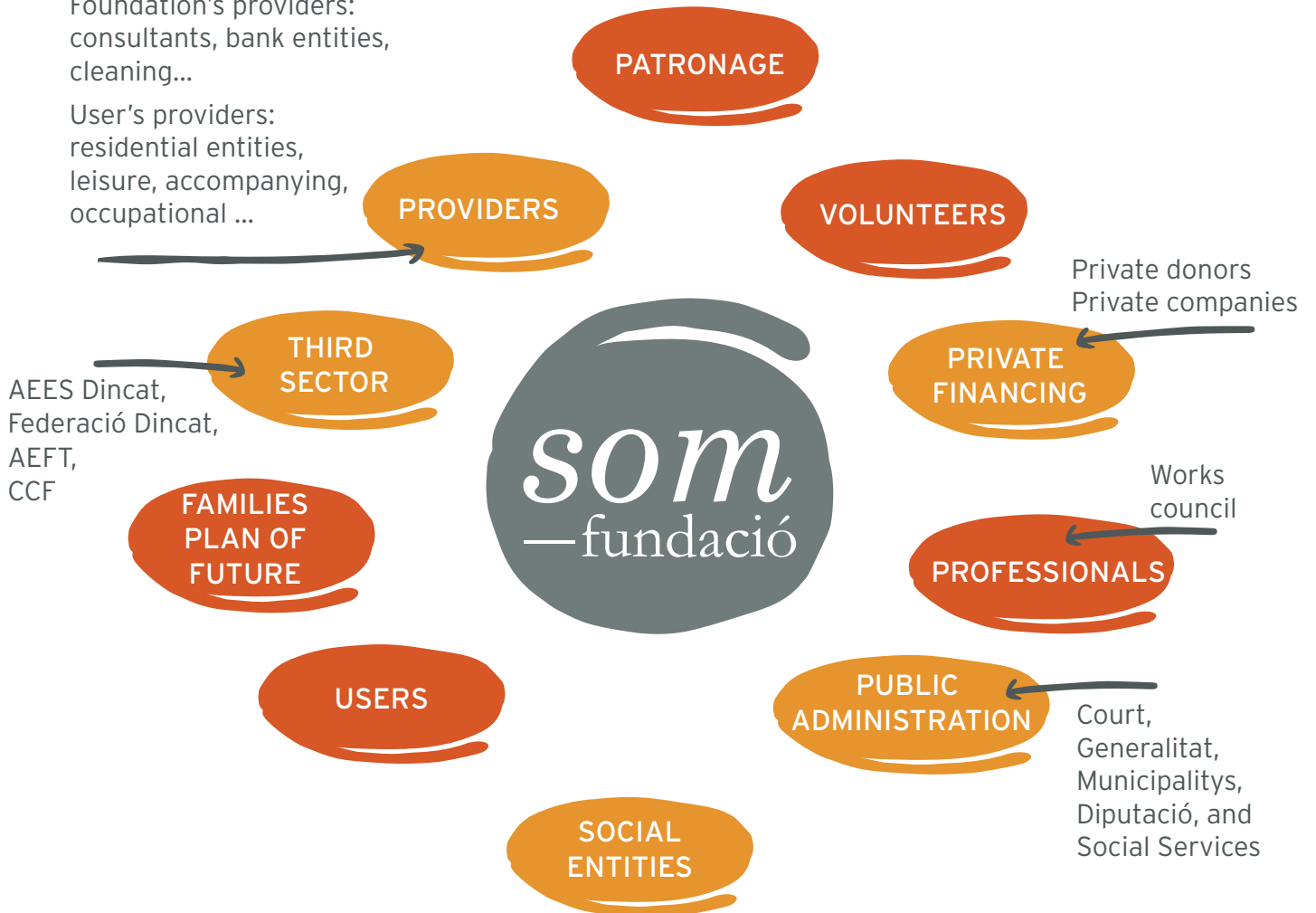
the most relevant figures on 31.12.18

Users	625
Users at homes	252
Plan of future	411
Information and advice	164
Volunteers	94
Professionals	73
Members of patronage	10

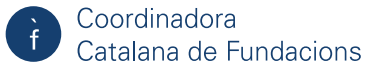
Groups of interest

Foundation's providers:
consultants, bank entities,
cleaning...

User's providers:
residential entities,
leisure, accompanying,
occupational ...



We are part of



We have the collaboration of



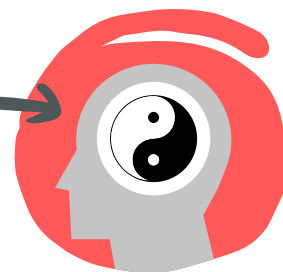
Where we come from

In the Strategic Plan of from 2014 to 2018 the following objectives have been significantly worked out:



Defence of the rights of the users, forming them and giving them support in their projects of independent life

Consolidation of the space of ethical reflection



Potentialiation of the programmes of volunteers and plan of the future

Execution and implementation of the plan of communication of the entity



259

actions exposed in the eight strategic lines.



188

consolidated actions



73%

degree of accomplishment

How we have done it

The Strategic Plan has been defined with the participation of all the persons who are part of Som - Fundació. We have created a team integrated by five professionals and a member of the Patronage

All the persons who are part of the entity have been deeply involved

- Working session with a group of professionals of the different areas of the foundation
- Meeting with the members of the Patronage of the entity
- Surveys to users
- Interviews to families from the program Plan of Future
- Surveys to volunteers
- Questionnaires to residential centres of the persons whom we support



And the result has been:

3 Strategic lines

13 Objectives



Lines and strategic objectives

L1 - Persons

The persons are the axis of our activity. For this reason, we continue our work attending and understanding them at a close distance

01 Users

Be present and listen in order to know what the users need, because we are deeply concerned about their well-being

02 Families of the Programme of Plan of the Future

Listening, accompanying and giving the necessary support to the persons with intellectual disability and their families from a nearby environment

03 Professionals

Promote a labour environment that favours the wellbeing and the feeling of belonging of the professionals that are part of the foundation

04 Volunteers

Create a link between the professionals and the volunteers in order to improve the communication in the attention to the users and the knowledge of the foundation, as well as increase the number of volunteers



L2 - Support

Adapt ourselves to the needs of the persons, guaranteeing their rights and duties and giving them the suitable support in the decision making so that they can develop their project of life

01

Service of Quality and Personalised

Ensure that each user can have a space of individualised attention and that our attention will be of the best quality

02

Empowerment

Provide the necessary tools and resources so that the users can act with full freedom and autonomy and take their own decisions along their lives

03

Professional Team

Adapt our intervention to the new challenges we may come across, the professionals are the axis of this change

04

Participation

Achieve strategies so that the users can participate and give their opinion, considering their will and needs, as well as, giving voice to the persons with intellectual disability in the government body of the foundation

L3 - Management

We want to continue being a socially responsible and referent entity in our sector, and to achieve this, we considerate that it is necessary to base our actions on criteria of quality, responsibility and transparency

01 **Presence and Visibility**

Be present and visible in our area of action around Catalunya, being closer to our users

02 **Strategies and Alliances**

Networking in order to achieve challenges and common strategic objectives, backing the innovation, sharing experiences and creating new projects in the attention to our users

03 **Specialised Formation**

Define and implement a formation plan that will cover the current and future needs, backing the quality, talent and the key competences

04 **Economic Resources**

Search for new ways of financing, form particulars as well as from private companies, and generate confidence and commitment with our mission, values, and strategies

05 **Ethics and Sustainability**

Develop a plan of corporative social responsibility and deepen in the task of ethical reflection



som
—fundació

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